

10 Leisure Walks of Discovery in the Peak District

A Boot Up

THE WESTERN PEAK

Roger Redfern

This handy, hardback pocket guide to the western margins of the Peak District National Park makes a great companion for anyone intending to explore the area on foot. The ten routes described range in length from a modest 2 miles (3.25 kms) to 10 miles (16 kms) and simple maps help to locate them when referring to the suggested Ordnance Survey map.

Plenty of captioned colour photographs by the author give a flavour of each route and panels give additional interesting detail about geographical features and historical associations.

The routes cover a broad canvas and are ideal for families and groups of friends, from high moorlands overlooking Greater Manchester in the north-west to the expansive parkland of Lyme Hall; the recesses of the Goyt Valley and sharp crest of Kerridge Hill; the magnificent viewpoints of Shutlingsloe and the Roaches; the secret corners of the Dane Valley and the southernmost tip of the National Park.

Halsgrove's new-format guidebook, will ensure a great walking experience and is an ideal reminder of a visit to the Peak District.

Ten Walks included are:

- Over Coombes Edge to Cown Edge Way •
- Hayfield and Lantern Pike • Around Lyme Park •
- In Goyt Valley • Kerridge Hill and the Macclesfield Canal •
- Over Shutlingsloe to Macclesfield Forest • Wincle and Danebridge • Exploring the Dane Valley • High on the Roaches • To the Southern Tip of the Peak National Park •

ABOUT THE AUTHOR

The celebrated mountaineer and photojournalist Roger Redfern is author of forty books and his articles have appeared in publications that range from *Country Life*, *The Lady* and *Woman's World* to *TGO*, *High* and the *Dalesman*. He has written a regular piece for the *Guardian's* Country Diary for almost thirty years.

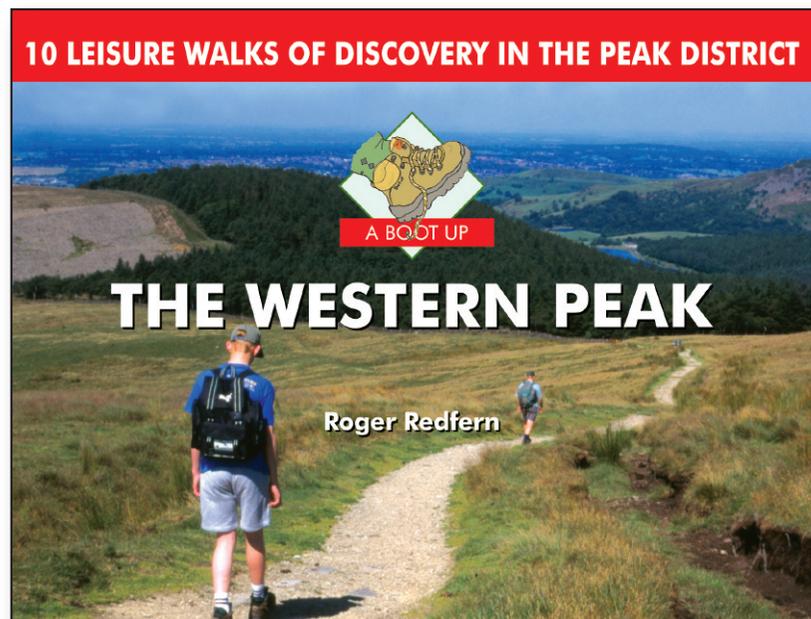
He has travelled widely – from Belarus and Ukraine to Cuba, Brazil and Argentina; from central Africa to the European Alps which he knows intimately. He lives in the heart of the Peak District.

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A BOOT UP THE WESTERN PEAK



Sundown on Kinder Scout



Autumn day in the Staffordshire Moorlands.



High summer in the Dane Valley.



Right: Sundown over Sutton Common from Shutlingsloe.



Climbing Shutlingsloe from Wildboarclough.

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Keridge Hill and the Macclesfield Canal

36 Crake Trees, Keridge

6 Over Shutlingsloe to Macclesfield Forest

Crossing a high hill in eastern Cheshire.

The conical hill called Shutlingsloe dominates the beautiful wooded fringes of Wildboarclough in eastern Cheshire.

It is also the most sheepy of all Peakland eminences, its 1,600 feet (506 metres) summit possessing one of the finest and most extensive viewpoints in the entire district. The route climbs from the confines of Wildboarclough and after Shutlingsloe's summit descends through the mixed woodlands and evergreen plantations of Macclesfield Forest to visit four reservoirs above pretty Langley village. Another climb, now on part of the Gribstone Tact, brings us to the hill-top quarry upon Hag's Nose and its Country Park before we swing back across exposed hill positions to enter the northernmost fringes of

Level: 400 m (1,312 ft)
 Length: 10 miles (16 km)
 Ascent: 1,425 feet (435 metres)
 Route: Macclesfield, field and forest paths, steep stairs and fence.
 Park and Street: Wildboarclough village, SR 953306.
 Information: Information at Torrington and Hag's Nose Visitor Centre, Kilsleshams or see at Wildboarclough and both Visitor Centres (when open).
 Macclesfield Forest to reach the remote, romantic site of Farns Chapel. A mile-hour of lanes and field paths heading south bring us to our starting point in shady Wildboarclough.

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Over Shutlingsloe to Macclesfield Forest

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Example of a double-page spread.